



YCPARMIA TRAINING VIDEOS

Safety training videos and DVDs are a great way to convey important safety-related information to our members. When coupled with site-specific information about your departments policies, procedures, and any hands-on demonstrations, they can be an important part of helping you meet Cal-OSHA training requirements, as well as your own.

Using Training Videos Effectively

Professional training videos can organize a great deal of information into an interesting and informative presentation. However, numerous studies have proven that simply watching a video does not always result in effective learning. Using the tips in this guide can help you do a better job of taking advantage of all that YCPARMIA's Safety Videos have to offer.



Videos For You

Videos and presentations should be tailored to match your job duties, knowledge, and experience level. The more closely that the video matches your specific situation, the more likely you will be to accept the training that you are being provided. In general, adult training programs are most successful when they incorporate the following principles:

1. Adults will learn best when they are involved in the training process through hands-on participation, group discussions, and quizzes.
2. Share work experiences through discussions before or after the video. This makes training more meaningful for everyone.

Training Materials

Most of the safety training videos in the YCPARMIA video library come with additional training materials to help enhance your learning experience. These materials may include complete lesson plans, handouts, and quizzes, or reference materials. All of these materials are intended to help you learn a safety message in an interesting and informative manner. Always make sure that you receive any materials available.



Scheduling

Training will be most successful if everyone can participate. Make sure that you know the time and location where the training will take place. If for some reason you can't make it to the class, let your supervisor or trainer know, they may be able to reschedule.

The Day of the Class

Double check the location of the training and be sure to arrive on time.

1. Remember to keep your voice down during the presentation.
2. If you can't hear the video or the presenter, ask for the volume to be turned up or for the presenter to speak a bit louder.
3. Remember the reason you are in this training: to learn. There will most likely be a class full of people who want to learn and improve over-all safety, too.
4. Try to avoid the "I don't care" attitude. It may gradually infect the rest of the group.
5. Training should be quiet and comfortable. Don't disrupt the class by bringing your cell phone into class or getting up to leave, unless it is an emergency.

Video Recommendations

Looking for a video topic that we don't have? YCPARMIA is always open to video recommendations.

Need to check out a video?

Visit our website at www.ycparmia.org/videos to view our video library. You can also call YCPARMIA at 530-666-4456 or email Rebecca at rdonoho@ycparmia.org for video information.

